



AdriannaJ Empowers, LLC

How to Write a Solid Book Outline-AdriannaJ's Method

Babe, you gotta write your book BEFORE you write your book! Which simply means that you gotta have a clear understanding of what you wanna say before you begin your book writing process. And as an author of EIGHT self-published books, I wanna show you the exact method I use to create my stories! So, follow the simple steps below to get your book outline right! And please consider requesting my author coaching services if you need more in-depth, one-on-one help with developing your outline or staying afloat during your book writing journey! (More details on my author coaching services at the end of this document)

Part One-The Message & The People

1. In one to two sentences, what is the message that you intend to send through your book?

(Even if the message is lighthearted/comical, EVERY book or creative work intends to send some sort of message!)

2. Who are your two most important characters?

(With 2-3 sentences, explain both character's personality, main agenda/goals, struggles, etc.)

3. What is the title of your book?

(The title MUST connect to the message that you want to send, and it must connect with your two most important characters. Throw out any previous titles you may have had in mind until you find one that really connects!)

Part Two-The Major Events & The Beginning

4. What are at least THREE major events or "scenes" that absolutely have to happen in order for your book to send your intended message?

(Each scene should include the people, place, & action/conflict involved.)

5. In three to five sentences, describe the CRAZIEST/most pivotal moment that has to happen in your book in order for it to deliver the punch that you want it to deliver.

(This is also known as the book climax and may be the point where conflict, uncertainty, or excitement is the highest! This most pivotal moment may also be one of the three major scenes that you just identified above. And I know it may sound crazy, but later on-I'll have you use this summary to BEGIN your book! Yes, you'll open up right in the middle of the action!)

Part Three-The Details & The In-Between

6. Thinking about one of your most important characters, what are at least three ordinary/everyday acts that he or she engages in?

(For example: going to work, buying a coffee every morning, talking on the phone with a friend. Later on, I'll have you build your details/in-between scenes using these everyday acts.)

Part Four-The Ending

7. In three to five sentences, what is the summary of how your book will end?

(This summary should include at least one of your most important characters, the action or what's happening, and the place where it all goes down. If your ending summary doesn't directly connect to your book's overall message and "nail it down to the ground" (lol) then THROW IT OUT and pick a different ending!)

YAYYY!!! You've completed your solid book outline; now it's time to get to writing! Follow the steps below to start & finish your book with a BANG!

Beginning Your Book + Extra Support

1. Using the three to five sentence summary of your book's climax/most pivotal moment (from question number five above) start writing chapter one!

(Yes, you read that right! Literally start writing chapter one right in the middle of this action! Just don't finish the scene. Cut it off midway. Starting at the highest point, reels your readers in from the very beginning and gives them a glimpse of all the drama/excitement that's ahead! Now in chapter two, you'll begin taking the reader on a journey back in time. And by the end of the book, you'll wrap back around to the beginning/climax scene and finish it on out. But for now, just focus on giving your reader an explosive first chapter! And remember, because you aren't actually finishing the scene, this first chapter will be relatively short. On average my first chapters are only 8 pages long!)

2. Starting at chapter two, build a scene using one of the everyday/ordinary acts that you identified from question number six above.

(Focus on revealing your character's personality through this scene. Make it interesting, but it doesn't need to be explosive. And you don't even have to directly expose the message of the book here. Just focus on letting your readers get to know/understand your character by showing him or her living normal everyday life.)

3. Use the two remaining everyday acts to build more "in-between scenes" for your book!

4. Contact me, using the contact info on the last page, if you want me to be your author coach and support you through your ENTIRE book writing journey!

Author Coaching!! Request my author coaching services and receive one-on-one help with the following:

- Continued, in-depth support with building your solid outline (character development, plot development, clarifying your message)
- Establishing clear & attainable writing goals
- Weekly motivation + accountability
- Book cover designing
- Proofreading/Editing Tips
- Self-publishing support (Amazon KDP formatting, requirements, etc.) + more!

Pricing (paid via Cash App):

First Session: FREE | 30 min session: \$20 | 45 min session: \$30 | 1 hour session: \$40

***1st session MUST be done via **video call (Zoom/Google Meets)**; all other sessions can be done by phone. ***Call, email, or direct message me on social media to schedule your first FREE session! Use the contact info below, leave a voicemail if needed, and allow a few days for my response.

Let's go babeeeee!!!

Contact Information (click the links)

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