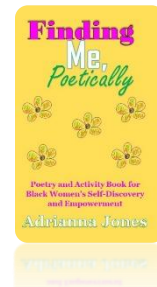




AdriannaJ Empowers, LLC

Get UNSTUCK-AdriannaJ's Method



[Amazon Book Store](#)

Before proceeding, I recommend you PRAY & ask the Lord to guide you as you answer these questions! God comes FIRST, before anything that I recommend!

Babe you can get unstuck TODAY...like right now! But first of all, let me say-YOU ARE NOT ALONE!! After obeying God & leaving my professional social work career behind, only to take a RETAIL JOB, I know the struggle of feeling stuck all too well! But thanks to a good friend of mine, who asked me the RIGHT QUESTIONS, on a day that I was feeling really down about myself-I was able to break free, start my entrepreneurship journey, & confidently step into the plans of the Lord Jesus Christ for my life! And now, I help other women do the same! And I do it by presenting them with 3 simple questions & a powerful, yet very doable 3-day challenge! So if you're ready to move FORWARD, let's goooo!!!

*****GIVE YOURSELF 90 SECONDS ONLY TO ANSWER EACH QUESTION! NO OVERTHINKING!!*****

Identifying Your God-given Gifts

1. **Thinking back as far as you can remember, what were 3 things you did well and enjoyed doing as a child?**

(For example: you may have been good at talking/entertaining others, bossing others around (lol), drawing, cooking, organizing things, asking questions, reading/writing. Big or small, write it down!)

Categorizing your gifts

2. **What similarities do you see amongst your three God-given gifts?**

(Categorize your gifts using 1 to 2 words or phrases. For example, if you enjoyed dancing, cooking, and drawing-you might categorize these gifts using words like **creativity or expression**. Here's another example-if you enjoyed asking questions, talking, and showing other kids how to do things, you might categorize your gifts using words like **speaking or leadership**.)

Acknowledging the Lord's plan

3. **What is one thing that you KNOW God wants you to do that you have not done yet? (this may be something directly or indirectly related to one of your gifts)**

(Think about the things that keep coming up in your thoughts, curiosities, desires, conversations, etc. Maybe you keep having the notion to research a new thing or maybe people around you keep recommending that you give something a try! Even if it makes you feel a bit uncomfortable, be honest with yourself about the unique way that God has been nudging you & write down what He want you to do! But if you truly believe you still don't know what God wants you to do, **STOP RIGHT HERE** & give yourself time to pray, seek godly counsel, sit still in the presence of Jesus, etc. so that you can clearly hear from Him!)

Obeying God & Taking ACTION

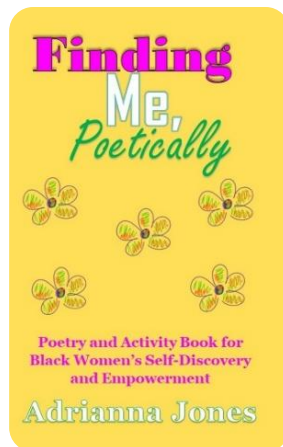
4. THE 3-DAY CHALLENGE! Within the next three days, take ONE simple action step on that thing that God wants you to do!

Think about the ***easiest, simplest, most realistic step*** that you can take. This could be as simple as making a phone & getting some information about something, opening up a savings account and putting five dollars in it, or signing up for a free course. God is faithful and fair. So, if He truly wants you to move forward with something, that means He knows He has already given you the ability or the tools to do so!

Now, my friend challenged me out of my place of “stuckness” by telling me to go home and get 15 of my best poems that I could use for my first book! It was that SIMPLE. I had already written the poems years prior; so all I had to do was go home & gather them up! And three years later, I’m now an EIGHT TIME author and entrepreneur. Sure, there were other steps in between. But I’m not talking about that right now; babe I’m talking ‘bout the FIRST STEP!...So, now it’s your turn-give yourself **90 seconds** to write down the simple action step that you will take in the next three days. Don’t overcomplicate this & don’t think about the big picture! What is your FIRST STEP?!

CONGRATULATIONS! Babe you ‘bout to step OUT of stuckness!!!

If you accepted my challenge, you now know exactly what you’re supposed to do AND the precise FIRST STEP to getting it done. There is literally no reason for you to delay! So give the Lord some praise & then, **LET’S GOOOOOOOO!!!**



Want MORE?!

Get the book *Finding Me, Poetically: Poetry & Activity Book for Black Women's Self-Discovery & Empowerment!* Book includes: 15 inspiring/confidence-boosting poems, 15 sets of simple yet transformative action steps, & my real-life relatable stories of struggle & victory. Get a sample of the book by clicking this link: [My Amazon Book Store](#)



I WANNA HEAR FROM YOU!!

Email me or reach out through social media to let me know what action step you took & how the challenge went for you. And if you need some daily motivation to get through the next three days, be sure to follow me on social media (TikTok especially). See all my clickable links below!

Adrianna Jones | Owner of AdriannaJ Empowers, LLC
Email: talktoaj365@gmail.com

Social Media: [TikTok](#) (adriannaj365) | [Facebook](#) (adriannaj)
[Instagram](#) (adriannaj365)

Website: <https://adriannaj.com/>